

ALL MEDICATIONS Are To Be Cleared By A CompDrug Physician

Symptoms	Medications with Potentially Lethal Interactions with Methadone or Suboxone (Rarely Approved)	Safer Alternatives (Still Need Approval by Compdrug Physician)
Nausea / Vomiting (antiemetics)	Phenergan (Promethazine) Compazine (Prochlorperazine) Donnatal Meclizine	Tigan (Trimethobenzamide) Zofran (Ondansetron) Reglan (Metoclopramide) Pepto-Bismal Scopolamine Patch
Trouble Sleeping (insomnia) or other Sleep Disorders	Tylenol PM Ambien {Zolpidem} Lunesta Sonata (Zaleplon) Xyrem Benzodiazepines: Xanax, Ativan, Valium, Klonopin, Temazepam and others Antihistamines: Benadryl, Unisom	Melatonin Sleep MD Elavil (Amitriptyline) Sinequan (Nortriptyline) Trazadone Rozerem Dietary: Turkey, Bananas, Chamomile Tea
Muscle Spasms (muscle relaxers)	Flexeril (Cyclobenzaprine) Skelaxin (Metaxalone) Soma (Carisoprodol) Lyrica (Pregabalin) Neurontin (Gabapentin) Orphenadrine	Zanaflex (Tizanidine) Robaxin (Methocarbamol) Baclofen
Restless Legs	Requip (Ropinirole) Neurontin (Gabapentin)	Amitriptyline **Likely to resolve once methadone / suboxone dose is stabilized
Common Cold (runny nose, congestion, low grade fever, sore throat, cough, body aches)	Sudafed (pseudoephedrine) **may cause false positives for amphetamines	Breathe-Rite Nasal Strips Zycam **within 24 hrs of onset Afrin Nasal Spray (Oxymetazoline) Claritin (Loratadine) Zyrtec (Cetirizine) Allegra (Fexofenadine) Phenylephrine
Cough	Codeine Hydrocodone Oxycodone Alcohol **read the label, this is often listed in "inactive ingredients" but you may test positive	Mucinex (Guaifenesin) Cough drops Tessalon Pearls (Benzonatate)
	Benadryl (Diphenhydramine)	Claritin (Loratadine)

Allergies (runny nose, congestion, rash, itchy eyes)	Coricidin (Chlorpheniramine)	Zyrtec (Cetirizine) Allegra (Fexofenadine)
Anxiety	Benzodiazepines Clonidine Vistaril	SSRI's Buspar (Buspirone) Group and/or individual therapy Relaxation techniques Deep Breathing Technique
Pain	Opiates - ALL Ultram (Tramadol) Barbiturates - ex) Fiorcet/ Fiorinol	Aspirin Tylenol NSAIDs Migraines: all Tryptans including Imitrex & Maxalt Hydration Topical Ice/Heat/Massage Creams: Icy Hot, Ben-Gay, Capsaicin Stomach Cramps: Hyoscyamine** lower doses only due to sedation Bentyl** less sedating

This is NOT an all-inclusive list of medications that could have adverse interaction with methadone or suboxone or that can cause false positive toxicology screens. This list is intended to give you options for safer alternative medication for some more common issues. You still must get ALL medication approved by CompDrug physician, prior to starting the medication.

Keep in mind, some foods / medications may affect your methadone. For example, things that acidify your urine, such as carbonated beverages or high doses of vitamin C can lower your methadone effectiveness.